THE TIGER TIMESMarch 2025March 202

FSHS SAYS GOODBYE TO COACH MARTIN

BY: CLAIRE MCELROY, WRITING ADVISOR AND SPORTS EDITOR



Coach Jared Martin gives encouraging words to junior Junie Fisher during a meet. Photo by Stephen Toal.

Coach and teacher Jared Martin-known to many as "J Mar"- is unfortunately leaving Fort Scott High School at the end of the 2024-2025 school year.

Coach Martin has been with FSHS for 11 years. Before he got into coaching and teaching, he was a personal trainer. Due to certain reasons, he decided to leave that career behind and get into education. According to Martin, "Since I was in a teaching role anyway, I felt that the best way to provide opportunities for young people would be to get into education and do it through the school district." During his time at FSHS, he has been very involved: teaching almost every P.E. class that was offered and coaching powerlifting for 5 years, football for 6 years, and baseball and summer conditioning for 14 years.

Unexpectedly, Martin was offered an

"The lessons I have learned alongside students in the weight room have made me a better human being." Despite Martin's time at Fort Scott ending, his impact will be everlasting.

FROM MADI DAVIS: "JMar mentioned that he had ADHD, and it actually really made me feel seen. I'm afraid of not being successful in the future due to having ADHD, but he encouraged me to see that I can have a bright future."

administration position at Jayhawk-Linn School. High Seeking further opportunities for leadership positions, he decided to take the job. Even though he is leaving, he has valued the time spent here. Working with other great people making and connections with his students has significantly impacted him. As stated by Martin, FROM ALLISYN WHEELER, KINLEY CLEMENTS, TESSA LANCASTER, AND KYNDAL AIKIN: "JMar is very supportive and always willing to help. Even if you aren't in his class, he wants you to succeed and to be the best version of yourself, both inside and outside of sports."

FROM ABBY SZCZEPANSKI: "JMar helped me a lot with some of my health issues and various different things going on in my life. It made me feel seen and that I wasn't alone."

FROM LANIE JACKSON:

"Coach JMar is the best coach I've ever had. He taught me that you can change the workout to fit you. He also taught me that everyone belongs in the weightroom. I live by his saying 'It's cool to be strong."



Coach Jared Martin announces the placements at a home meet. Photo by Annabelle Gorman.

The Tiger Times

STUDENT STRESS

BY: ABBAGAILE SZCZEPANSKI

Tiger Times Editor

High school is one of the most stressful times for students. They have a lot of work, and even though some teachers don't assign homework, students still have to remember several classes worth of work. The stress for them leads to mental health issues, such as making it hard to focus, tiredness, and emotional exhaustion.

Students can only handle so much, and oftentimes, teachers lose sight of the fact that students are human. They make mistakes, they forget, things pile up, and they have so much more to worry about than just school, such as chores, work, and homework. On top of that, still having time for family and friends, getting good grades and maintaining them is incredibly exhausting. Even with that being said, likely, there will be no change, so you have to take care of yourself. Some ways to aid your stress levels are being active, listening to music (one of my favorites), not staying up late, getting good sleep, and doing things that make you feel accomplished and motivated. These are only some of the things you can do. We're getting older, and stress levels are getting higher, but you still have to do your part in making sure that you're both mentally and physically okay.

Throwback to the 2000's: Top

Songs BY: LIBERTY MICHAEL Tiger Times Editor

Tere is a list of the top throwback songs of the 2000s, Beyonce most of which are still listened to today: Killers 2000- "Stan" by Eminem. 2000- "Say My Name" by Destiny's Child 2001-"Clint Eastwood" by Gorillaz 2001- "In the End" by Linkin Park West 2001- "One More Time" by Daft Punk, "Let Me Blow Ya Mind" by Gorillaz Eve 2002-"Complicated" by Avril Lavigne 2002- "Foolish" by Ashanti Sparxxx 2002- "Hot in Here" by Nelly, "A Thousand Miles" by Vanessa Carlton

2003- "Crazy in Love" by Beyonce 2003- "Mr. Brightside" by The Killers 2004- "Drop It like It's Hot" by Snoop Dogg 2004- "Somewhere Only We Know" by Keane 2005- "Gold Digger" by Kanye West 2005- "Feel Good Inc" by The Gorillaz 2005 - "Just a Lil Bit" by 50 Cent, "Pon De Replay" by Rihanna 2006- "Ms. New Booty" by Bubba Sparxxx

2006- "Glamorous" by Fergie

2007- "Buy u a Drank" by T-Pain

2007- "The Way I Are" by

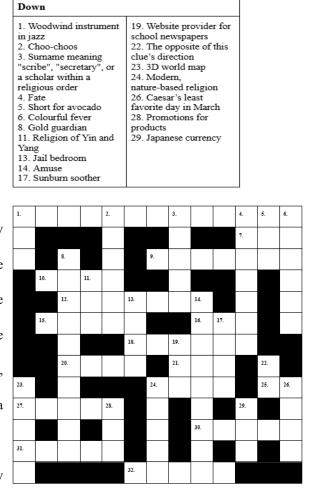
Timbaland

2008- "I Luv Your Girl" by The-Dream 2008- "Paper Planes" by MIA 2008 - "Lollipop" by Lil Wayne, "Low" by Flo Rida 2009- "Right Round" by Flo Rida 2009- Any song by Lady Gaga from that year 2010- "Baby" by Justin Bieber 2010- "Like a G6" by Far East Movement

MONTHLY SENIOR ADVICE

FROM DANIEL BROWN: "Be kind to people. Even if your parents tell you that certain people aren't to be treated kindly, never tolerate hate." FROM I

FROM KINSLEY BROWN: "Participate in as many things as you can and enjoy every moment."



Across 1. Mid-March holiday 7. Day before 9. Umbrella for the sun 10. Snow monster 12. Flat as a 15. What would smell just as sweet by any other name (two words) 16. British grandmother 18. Finally, as a transition 20. Naughty child's stocking stuffer Prefix for new 24. habitually had on one's body or was dressed in 25. Dessert-themed number 27. Spitting mammal 30. Singer of "Hello" and "Set Fire to the Rain" 31. Extra payment; benefit 32. Hobby with brushes and an easel

Entertainment

The Tiger Times

Spring Break Destinations

BY: GABBI MAJORS

Tiger Times Photo Editor

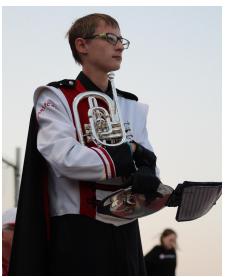
As we prepare for spring break, many may find themselves trying to find the best destinations. With so many different options, I'm here to help you decide. If you want a calm, relaxing place to go, then many say if you're looking to go somewhere near Kansas, Lake of the Ozarks is a great option. Lake of the Ozarks is known for its beautiful views and nice setting. You can stay in a cabin by the lake, go for a swim, or enjoy some fishing time. If you're looking for something farther, California offers lots of fun things to do. You can experience iconic places like the Golden Gate Bridge, visit

Disneyland, or explore beaches and national parks. There's something for everyone in California! Another good option is Miami, Florida. There are nice beaches and fun things like amusement parks or parasailing. But, if you enjoy nature, consider going to Colorado. The Rocky Mountain National Park has amazing views and lots of hiking trails. It's a perfect place for outdoor adventures and enjoying the fresh air. There are many great choices for spring break. Whether you want to relax, do something fun, or explore, there's something for you!

"Words have power. TV has power. My pen has power."

Student Spotlight

BY: GRACE WALKER Print Editor, Co-Buisness Manager Kaiden Clary



Senior Kaiden Clary watches the homecoming football game with his baritone. Photo by Kiara Thompson.

Kaiden Clary is a senior active in NHS and tennis, a high brass leader in band, and vice president of Thespians. According to his friends, Kaiden is a fantastic French horn player. His favorite class is Tiger Time with Coach Martin, and his favorite teacher is Mr. Robinson. Kaiden plans to attend PSU and major in electrical engineering. Kaiden spends his free time hanging out with friends, working on mastering the French horn, and binging his favorite show, "The Office".

Sydnee Lane

"Fight for the things that you care about, but do it in a way that will lead others to join

you."



- Ruth Bader Ginsburg

Meet sophomore Sydnee Lane. Sydnee is an active member of the FSHS dance team as well as being involved in STUCO, Key Club, Ed Rising, HOSA, and FCCLA. Outside of school, you'll catch Sydnee hanging out with friends and watching "Grey's Anatomy". Sydnee loves the color pink. After high school, she plans to attend college with hopes of becoming an ultrasound technician. When it comes to classes, Sydnee loves Geometry, and her favorite teacher is Mrs. Hay.



Sophomore Sydnee Lane smiles for her school portrait. Photo by Kenny Felt.

Sports

FSHS SWIM: SEASON IN REVIEW

BY: BRONSON SMITH Tiger Times Opinion Editor and Business Manager

Tiger Basketball Season Comes to



The boys' swim team sits together proudly as they share a moment of bonding. Photo by Madeline Martin.

The FSHS Swim team, led by Coach Madeline Martin, had an excellent season this year in more ways than just placement. "This year was the largest boys' team to date: 15 on the roster." said Coach Martin in an interview, " [A lot] of new guys coming out and giving swimming a try." One notable new swimmer is senior Elias Martin, who went, in his own words, "from not knowing how to swim to being able to swim." He continued by saying, "I thought I did good. I feel a lot better, and it helped my shoulder heal. I can do a lot more stuff now." The Fort Scott team placed third overall at league and senior, Nathen Troth, seeded fourteenth place in the 200 freestyle and thirteenth in the 100 freestyle at state. Coach Martin herself received awards for 20232024 National Federation of State High School Associations Section 5 Girls Swimming and Diving Coach of the Year, as well as the 2023-2024 NFHS Girls Swimming and Diving Kansas Coach of the Year. With a season marked by growth, personal achievements, and strong performances, the FSHS swim team has much to be proud of. As the boys' team celebrates their successes, we hope that the following girls' season builds on the growing momentum.

The Fort Scott Basketball teams are preparing to wrap up their 2024-2025 seasons. The boys have finished up a tough season (3-16). They found themselves losing by just a bucket or two on multiple occasions, but they were able to pick up a couple of wins along the way. The boys' Tiger basketball team will miss out on sub-state this year due to KSHSAA's new rule of only allowing the top 16 teams from each side of the state. The boys finished 17th on the East side of the bracket. This is disappointing because the boys took sub-state last year (2024) and made their way to fight for a win during State.

On the other hand, the Lady Tigers have had an amazing season at (15-4) and won against Labette County



Junior Aubrey Yarick gives it her all in this shot. Photo by Bryleigh Hymer.

The cheer squad hypes up the student section. Photo by Bryleigh Hymer.

an End BY: COLTON ROGERS Tiger Times Sports Editor

for the SEK League, letting the Fort Scott Lady Tigers take the League title for the 4th year in a row! Our girls' team is sitting 4th on the bracket's East side and will host the sub-state again this year. They will



Senior Kylee Comstock prepares for her next move. Photo by Annabelle Gorman.

play Ottawa on Wednesday, March 5th in the Tiger Dome!

Congratulations to the boys on a tough season and good luck to the Lady Tigers as they fight for their spot at State!



Sports

The Tiger Times

RISING STARS: THE FUTURE OF WRESTLING

BY: MAHAYLA KILPATRICK

Tiger Times Editor and Social Media Manager

The Tiger wrestling team left their mark at state this year with six boys and five girl qualifiers. The final scores are as follows: 1st Place: Kenna Miles

2nd Place: Trace Metcalf and Brody Gomez 3rd Place: Lennox Vann, Caellen

Wescoat, and Ali Simhiser 4th Place: Jerri Smith 5th Place: Jaden Garcia The girls' team finished second overall, and the boys' team came fifth overall. If these accomplishments weren't impressive enough, Kenna Miles made school history AGAIN as she is the only girl to get not one but two wrestling state championships! In addition, Ali Simhiser Lennox Vann hit a big milestone this season by getting their 100th win!



The state qualifiers gather together to showcase their awards. Photo by Fort Scott High School Wrestling.

Senior Joshua Woellhof parades the gym joined by his mother and father. Photo by Grace Walker.

Senior Nathan Cunningham stands with honor alongside his parents. Photo by Grace Walker.

Senior Emersyn Logue walks with pride in her cheer uniform alongside her family. Photo by Grace Walker.









Senior Kendal Armstrong shares a moment with her family as she takes her last steps in her dance uniform. Photo by Grace Walker.

Senior Annabelle Gorman holds her flowers as the crowd cheers; her dad giving her the spotlight. Photo by Grace Walker.



News

The Tiger Times

JUNIORS: ACT PREPARATION

BY: DAETYN FOWLER

Tiger Times Online Editor

Many FSHS juniors different views had different views and preparation styles for the ACT that was held on Tuesday, Feb. 25. According to a survey, many juniors expressed feelings of anxiety and stress, with some feeling overwhelmed by the pressure to perform well on the exam. On the other hand, some juniors approached the test with a more relaxed attitude. Some students viewed it as just another basic test and were grateful to get out of school early despite

Viral Sickness BY: KIARA THOMPSON Tiger Times Editor-In-Chief

s the seasons change, so do A our sinuses. Due to the high number of illnesses during the colder months, these months are commonly known as 'flu season.' More recently, in late 2024 and early 2025, there have been surges in Norovirus, RSV (respiratory syncytial virus), Influenza Virus A, Pneumonia, Strep, and COVID-19 in schools. Norovirus, also known as Norwalk virus and winter vomiting disease, causes vomiting, digestion problems, and stomach pain. Additionally, fevers and/or headaches can also occur. This is commonly also known as a 'stomach bug, 'and around 11.3% of the student body contracted it in our school.

RSV can present mild cold symptoms, such as sneezing, runny nose, fever, cough, and decreased appetite. It affects the lungs and can be severe. the effect it could have on their futures.

In terms of preparation strategies, some students went online and completed practice questions from the ACT website or other practice websites, while others crammed all that they could for the ACT, but even more shared that same outlook of seeing it as another test and did little to no preparation for it.

Influenza, or the flu, is a common

respiratory illness. Specifically,

influenza A is a pathogen with

strains that typically affect

birds and mammals. Symptoms

include body aches, sore throat,

fever, and respiratory symptoms.

Approximately 22.6% of the

student body has been sick with

the flu. We've also seen spikes in

pneumonia, an infection of one

or both lungs caused by bacteria,

viruses, or fungi. This infection

inflames the air sacs and can lead

to them being filled with fluid or

pus, and symptoms include cough

with phlegm or pus, fever, chills,

and difficulty breathing. About

5.7% of kids have gotten this

illness in school alone. Strep is a

bacterial infection that can make

the throat feel sore and scratchy.

Other common symptoms are

fever and swollen lymph nodes

in the neck. In our school, around

9.4% of students caught it. COVID-19 has been around since the pandemic in March 2020. The symptoms can present as a common cold, with congestion, cough, digestion problems, fever or chills, headaches, loss of smell or taste, and muscle aches. This has the lowest rate in our school, with only 3.8% of students getting this sickness.

With all the viruses around, it's best to keep yourself protected. When you're sick, stay home, regardless of what you have. If you're concerned about what you're sick with, go to your doctor, especially since about 34% of our student body didn't know themselves. Get plenty of rest, drink lots of fluids, wash and sanitize your hands, and cover your mouth when you cough or sneeze. Skipping school is never ideal and can lead to problems getting caught back up. Most students here have missed 1-2 days while sick. About 27.8% missed 3-5 days. while 15.3% missed more than a week. However, staying home and recovering is better than giving it to your classmates and teachers and spreading it. About 24.7% of students have been sick twice, and approximately 26% of students have gotten sick more than twice since the start of January. Stop the spread. Stay home.

And Then They Came For Me: Review BY: BRONSON SMITH

Tiger Times Opinion Editor and Business Manager

And Then They Came for Me is a play by American author James Still. It combines tapes of interviews with Anne Frank's friends,



Freshman Giana Gorman monologues after her character was being interrogated by the Nazi regime. Photo by Annabelle Gorman.

who survived the Holocaust, Ed Silverberg (formerly Helmuth "Hello" Silberberg) and Eva Geiringer Schloss, with live actors recreating scenes from their lives. I loved this play. The live violin at the start and end of the show was great. All of the actors were passionate and performed wonderfully. They did an excellent job making me feel the pain, sadness, and even hope that their real-life counterparts had at the time. I enjoyed the prop work in this play. Whether it was the MP-40s that the soldiers carried or how Heinz interacted with the guitar, I thought they both looked great and were used well. However, at times, the audio mix was a little off and would cause the live show to be inaudible.

I found this play very well done

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in about every way. The acting was fantastic, the props looked superb, and the plot was interesting while maintaining the somber tone of the real events. If I had the chance to see this play again without having to take notes for this review, I would do so. It was a wonderful show, and I would recommend it to anyone.



Seniors Cooper George and Mykael Lewis, freshman Giana Gorman, and Junior Sypher Cannon describe in character what it was like to be taken in the train cars towards Auschwitz. Photo by Annabelle Gorman.

Club Overview: NSDA Forensics BY: MAHAYLA KILPATRICK Tiger Times Editor and Social Media Manager

TSDA is the National Speech and Debate Association. It is an organization that encourages students' communication skills, along with their collaborative, critical thinking, and creative skills. NSDA is the club that our debate and forensics teams operate under. While this club often brings success, this year has been especially exceptional. The team has already met the state qualifications needed to be a competitor at state, which is 16. With seniors Caroline Barnes and Joy Self leading the way, the novices and the rest of the team have given their much larger contender, Pittsburg, a run for its money. At Neodesha High School's invitational, Fort Scott scored only seven fewer points than them, placing second.

When asked how he felt about the club and team's achievements, Tyler Slinkard, who is the head coach of these teams, said, "Everyone has done incredibly well. The team is thriving this year. We are growing, and we are getting better every single day."



Our Speaking Tigers gather together after their Forensics tournament in Pittsburg. Photo by Tyler Slinkard.



Looking for community service opportunities? Join Key Club!



Key Club is a service led organization that works alongside Kiwanis and Pioneer Kiwanis to help support our school and community!

Introduction of Staff

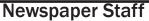
The Tiger Times

MEET THE TEAM



Junior Grace Walker takes in the sun rays while staying cozy in her car. Photo by Grace Walker.

Grace Walker is a junior at FSHS and is the co-business manager and print editor for The Tiger Times. She joined the newspaper because she has always been interested in reporting. Outside of school, she enjoys reading, swimming, writing, and working on debate. She also spends most of her free time cooking and hanging out with friends. Grace recommends that everyone give the newspaper a try!



Sypher Cannon, Copy Editor and Puzzle Editor Daetyn Fowler, Online Editor Mahayla Kilpatrick, Social Media Manager Tobi Larrabee, Online Editor Gabrielle Majors, Photo Editor Claire McElroy, Writing Advisor and Sports Editor Liberty Michael, Editor Colton Rogers, Sports Editor Bronson Smith, Opinion Editor and Buisness Manager Abby Szczepanski, Editor Kiara Thompson, Editor-in-Chief Grace Walker, Co-business Manager



Sophomore Gabrielle Majors shows off her cheer uniform. Photo by Jessica Majors.

Meet sophomore Gabrielle Majors. Gabbi works on the Tiger Times staff as a photo editor and staff writer. Gabbi joined the Newspaper this year because she likes writing. When she's not out taking pictures or writing for the paper, Gabbi can be found cheering on the Fort Scott Tigers with the rest of the cheer team. Gabbi also enjoys baking and warm weather. Gabbi is proud to contribute to student journalism and hopes to continue for the next two years.

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